



Produced in the EU for:



Pharma Scandinavia

Important Notice

Must only be given to patients with proven PKU under strict medical supervision.

Suitable from 9 months to 10 years of age.

Not for use as a sole source of nutrition.

Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to supply phenylalanine, fluid and general nutritional requirements.

For enteral use only.

Storage

Store in a cool, dry place.

Pack-size

30 x 20 g sachets

A Food for Special Medical Purposes



PKU GO

PKU GO is a phenylalanine free protein substitute for use in the dietary management of Phenylketonuria in children from 9 months to 10 years of age.

Dosage PKU GO

Dosage to be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient. PKU GO can be taken either as a gruel or liquid drink.

Preparation as a gruel:

- Empty a sachet into a beaker. Add approximately 20 ml of cold water.
- Shake for 10 sec.
- Leave to stand for 2 mins – hereafter ready to be taken.

Preparation as a liquid drink:

- Empty a sachet into a beaker. Add approximately 100 ml of cold water.
- Shake for 10 sec. - Ready for drinking.

PKU GO is recommended to be used immediately after mixing.

Mixed PKU GO should be refrigerated and used within 24 hours.

Nutritional Information	Per 100 grams	Per 20 grams 1 sachet
Energy	1360 kJ	272 kJ
	325 Kcal	65 kcal
Protein equivalent	50 g	10 gram
Carbohydrate	25 g	5 g
of which sugars	24.5 g	4.9 g
Fat	less 0.5 g	less 0.5
of which saturated	less 0.1 g	less 0.1 g
Fibre	less 0.5 g	less 0.5 g
Vitamins		
Vitamin A	480 µg	96 µg
Vitamin B1	0.9 mg	0.18 mg
Vitamin B2	1 mg	0.2 mg
Vitamin B6	1.2 mg	0.24 mg
Vitamin B12	2.0 µg	0.4 µg
Vitamin C	50 mg	10 mg
Vitamin D3	15 µg	3.0 µg
Vitamin E	9 mg	1.8 mg
Vitamin K1	25 µg	5 µg
Biotin	28 µg	5.6 µg
Niacin	15 mg	3 mg
Folic Acid	110 µg	22 µg
Pantothenic acid	3.8 mg	0.76 mg
Minerals		
Calcium	1050 mg	210 mg
	2.6 mmol	5.2 mmol
Phosphorus	775 mg	155 mg
	25.0 mmol	5.0 mmol
Magnesium	70 mg	34 mg
	7.0 mmol	1.4 mmol
Iron	15 mg	3 mg
Zinc	13 mg	2.6 mg
Copper	0.6 mg	0.12 mg

	Per 100 grams	Per 20 grams
Iodine	120 µg	24 µg
Manganese	1.5 mg	0.3 mg
Chromium	40 µg	8 µg
Selenium	60 µg	12 µg
Molybdenum	50 µg	10 µg
Sodium	315 mg	63 mg
	13.7 mmol	2.7 mmol
Potassium	800 mg	160 mg
	20.5 mmol	4.1 mmol
Chloride	488 mg	98 mg
	14.1 mmol	2.8 mmol
Amino Acids		
L-Alanine	2.20 g	0.44 g
L-Arginine	3.50 g	0.7 g
L-Aspartic acid	5.55 g	1.11 g
L-Cystine	1.45 g	0.29 g
L-Glutamine	4.3 g	0.86 g
Glycine	5.50 g	1.10 g
L-Histidine	2.20 g	0.44 g
L-Isoleucine	3.8 g	0.76 g
L-Leucine	5.95	1.19
L-Lysine	3.95	0.79
L-Methionine	1.00 g	0.20 g
L-Phenylalanine	0.00 g	0.00 g
L-Proline	4.0 g	0.8 g
L-Serine	2.45 g	0.49 g
L-Threonine	3.8 g	0.76 g
L-Tryptophan	1.2 g	0.24 g
L-Tyrosine	5.6 g	1.12 g
L-Valine	4.5 g	0.9 g
L-Carnitine	90 mg	18 mg
Taurine	60 mg	12 mg

Osmolality: 20 g + 20 ml = 3510 mOsm/kg

20 g + 100 ml = 1170 mOsm/kg